

THE MARE

As the time approaches for your mare to give birth, we've compiled some useful facts about the key stages in the foaling process and indicated when you should seek veterinary assistance.

STAGE 1 <12 hours

Restless, walking, sweating, getting up and down frequently. Waters break.

Keep the mare quiet, place her in a stable with a deep straw bed, if possible. Bandage her tail and clean her vulva gently with clean water.



Presentation of front feet in the birth canal within 5 minutes of the waters breaking, may still be covered in the fetal membranes. Foal out within 20-30 minutes.

The mare may get up and down to move the foal into position. If safe to do so, feel the front feet in the birth canal. Once visible, peel the membranes off the nose.



- No foal presented within 15 minutes.
- Head only, head and one foot, back feet.
- Foal in pelvic canal more than 20 minutes.



Correctly tied fetal membranes



Complete fetal membranes



Incomplete fetal membranes (retained horn)

STAGE 3 <2 hours

Expulsion of the fetal membranes.

Tie up the fetal membranes carefully; it should all come out in one piece within 2 hours of the foal arriving. The mare might be a little uncomfortable but should stand within an hour.

When to call for help:

- Membranes still attached after 3 hours.
 - Incomplete fetal membranes.
- Mare showing signs of colic or depression.

Tel: 01638 663150 (24 Hours)

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