# How to Collect Equine Genital Swabs in Stud Practice

# Professor Sidney Ricketts LVO, BSc, BVSc, DSc, DESM, DipECEIM, FRCPath, FRCVS

#### Rossdales Laboratories

High Street, Newmarket Suffolk CB8 8JS, UK

www.rossdales.com



#### Why collect genital swabs from horses?

- Venereal disease control
  - To identify actively infected stallions and mares
  - To identify carrier stallions and mares
  - To identify carrier teasers
  - To identify contaminated semen and equipment used for artificial insemination (AI)

### Why collect genital swabs from horses?

- To maintain freedom from recognised equine bacterial venereal diseases for the benefit of:
  - Mares and stallions
  - Stud farm businesses
  - Equine industries
  - National equine industries

### Why collect genital swabs from horses?

- To optimise reproductive efficiency
  - Maximum fertility required at stud farms
- To satisfy industry pre-breeding requirements
  - HBLB Codes of Practice
- To satisfy sales and export requirements
- Applies to Al as well as natural cover

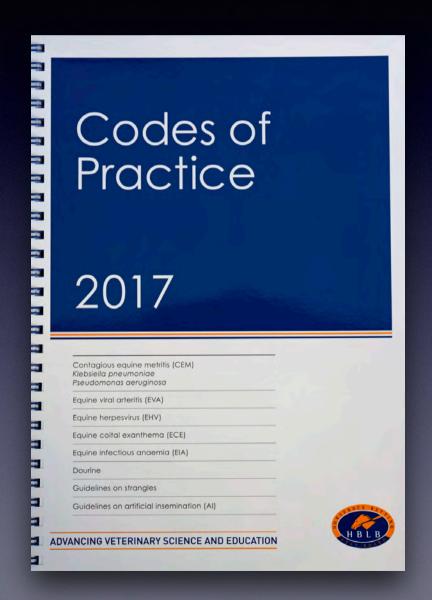
#### Venereal Disease Control

- Identification of symptomless carriers and active clinical cases of the three recognised true equine venereal bacterial pathogens:-
  - Taylorella equigenitalis (Contagious Equine Metritis, CEMO)
  - Klebsiella pneumoniae
    - Capsule types 1, 2 and 5
  - Pseudomonas aeruginosa



#### Venereal Disease Control

- HBLB Codes of Practice
  - Industry standard operating procedures
  - Annual reviews
  - France, Germany, Ireland, Italy and UK
  - www.hblb.org.uk
  - http://codes.hblb.org.uk/
  - smartphone 'app' for 2013



# Optimising Reproductive Efficiency

- Maximising conception rates
- Minimising pregnancy failures
- Maintaining the long-term health of the mare's endometrium
  - Streptococcus zooepidemicus
  - Escherichia coli
  - Staphylococcus aureus
- Maintaining the health of stallions
- Semen quality control for Al





#### Principles of Venereal Disease Control

- Before the season starts and during the season
- Identify carrier stallions and teasers by swabbing
- Identify acutely infected or carrier mares by swabbing
- Prevent them from breeding (natural cover and Al) until treated and proven clear
- If already covered or inseminated, investigate contacts to identify extent of direct and lateral spread by swabbing
- Quality of swabbing is an essential prerequisite

## Swab Sampling

- Swabs collected, certified and handled by adequately experienced veterinary surgeons, using recommended techniques and equipment
- Swabs received, cultured and results certified by HBLB quality assured (approved) laboratories (within 48 hours of collection for CEMO bacterial cultures, but not necessarily for qPCR)
- Label swabs clearly and accurately (horse name and sites swabbed) for accurate and acceptable certification on official certificates
- Always use Amies charcoal transport medium for swabs
- Pack swabs securely for transit to laboratory
- Swabs for bacterial culture (but not for CEMO qPCR) must arrive at laboratory within 48 hours of collection

#### Stallions and Teasers

- Take swabs after
   Ist January each
   year
- Before the stallion
   or teaser is used
   for natural mating,
   teasing or semen
   collection for Al



#### Stallions and Teasers

• Two sets of swabs should be taken by a veterinary surgeon, at an interval of no less than seven days, from the stallion's or teaser's

- urethra
- urethral fossa and diverticulum
- penile sheath (prepuce)
- pre-ejaculatory fluid
- Stallion teased to penile erection, penis held with a gloved hand, gloves changed between each stallion
- Swabs examined for aerobic and microaerophilic culture and/or CEMO or multiplex (CEMO, K. pneumoniae and P. aeruginosa) qPCR at an HBLB approved laboratory

# Swab types - culture & qPCR

- Normal-tipped
  - Urethra
  - Urethral fossa and diverticulum
  - Preputial smegma
- Transport medium
  - Amies charcoal
  - All bacteriological cultures and qPCR tests



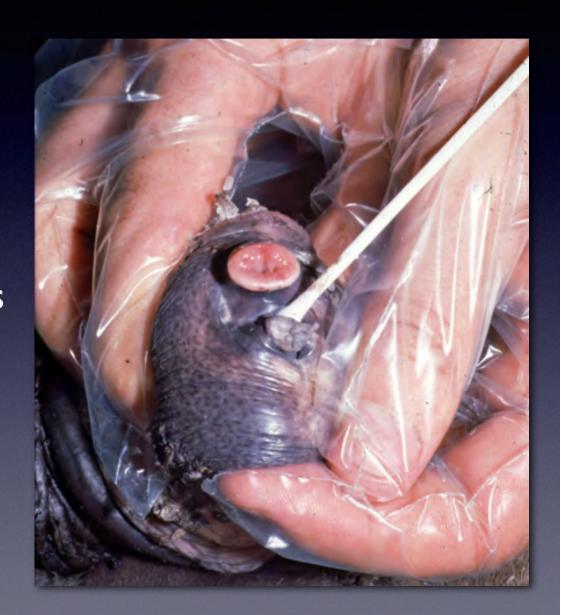
#### Urethral Swabs

- Pre-moisten swab in transport medium
- Swab into urethra up to the 'hilt'
- Rotate for a few seconds
- Withdraw and place into transport medium



#### Urethral Fossa Swabs

- Pre-moisten swab in transport medium
- Swab into urethral fossa and diverticulum
- Rotate for a few seconds and collect smegma inc. 'pea' (see image), if present
- Withdraw and place into transport medium



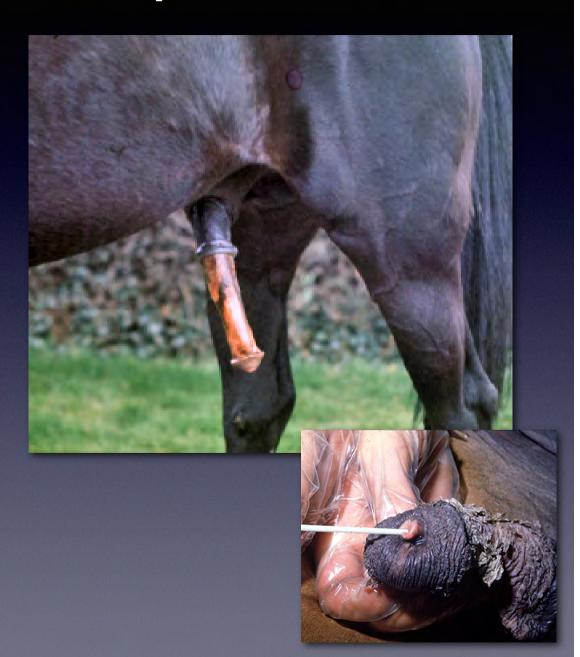
# Preputial Swabs

- Pre-moisten swab in transport medium
- Swab shaft of penis and folds of preputial reflection
- Withdraw and place into transport medium



## Pre-ejaculatory fluid

- Stand back and allow teasing to proceed
- Wait until fluid drips from urethra
- Collect another urethral swab
- Withdraw and place into transport medium



#### Mares - clitoral swabs

- Take swabs after I<sup>st</sup>
   January each year
- Before the mare is used for natural mating or Al
- Delay swabbing for later foaling mares but don't forget them (or repeat)
- Mares following dystocia treatments need extra swabs (see later)



## Swab types

- Narrow-tipped
  - Clitoral sinus
- Normal-tipped
  - Urethral opening
  - Clitoral fossa
- Transport medium
  - Amies with charcoal for all bacterial cultures and qPCR
- No transport medium
  - Endometrial smears



#### Mares - clitoral swabs

• A swab or swabs should be taken by a veterinary surgeon from the mare's

urethral opening

clitoral fossa

clitoral sinuses

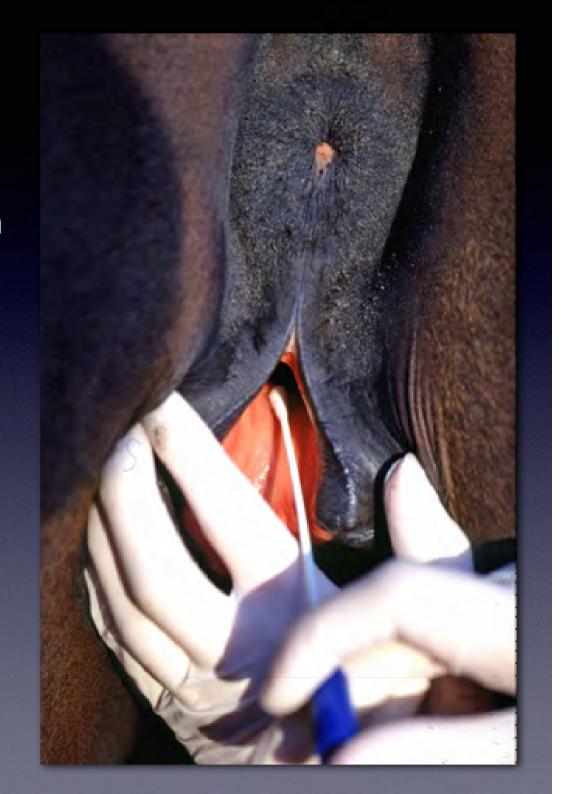
ideally in stocks



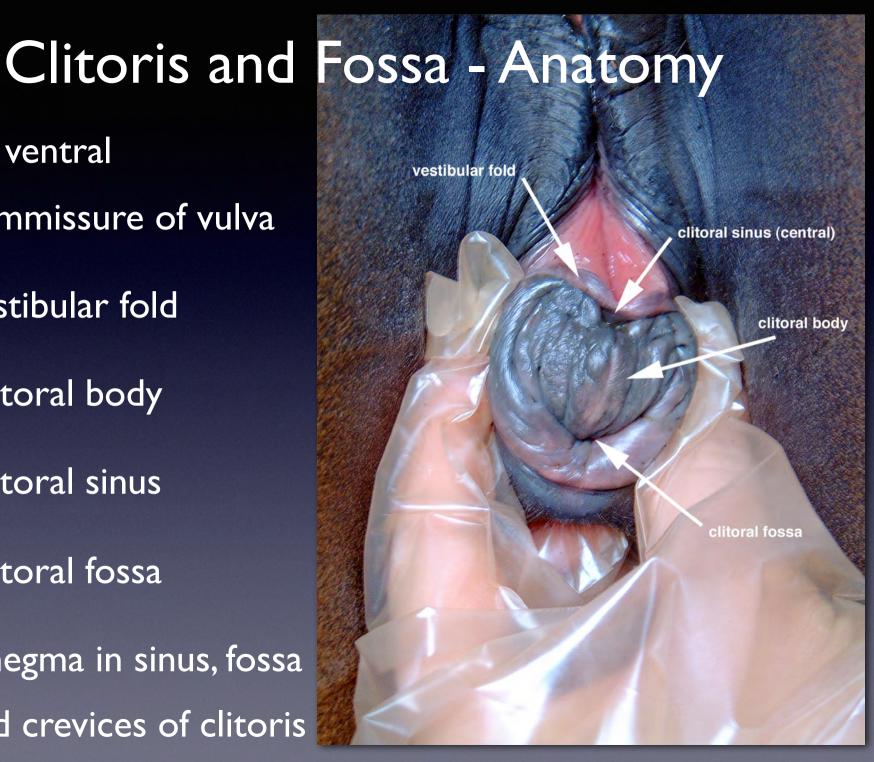
- Attendant wearing disposable gloves changed for each mare
- Swabs examined for aerobic and microaerophilic culture and/or CEMO or multiplex (CEMO, K. pneumoniae and P. aeruginosa) qPCR at an HBLB approved laboratory

# Urethral Opening

- Wash vulva/perineum with plain water only
- Part vulval lips
- Large-tipped swab into urethral opening
- Rotate for a few seconds
- Withdraw and place into transport medium



- At ventral commissure of vulva
- Vestibular fold
- Clitoral body
- Clitoral sinus
- Clitoral fossa
- Smegma in sinus, fossa and crevices of clitoris



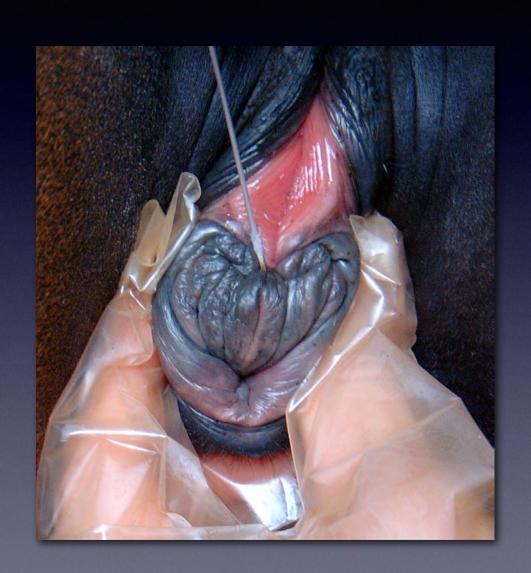
# Clitoral Fossa

- Wash vulva/perineum with plain water only
- Evert clitoris
- Large-tipped swab into clitoral fossa
- Swab all areas of fossa
- Withdraw and place into transport medium



# Clitoral Sinus

- Wash vulva/perineum with plain water only
- Evert clitoris
- Narrow-tipped swab into central clitoral sinus
- Rotate for a few seconds
- Withdraw and place into transport medium
- Collect 'pea' of smegma if available



# Combined urethral opening, clitoral fossa & sinus swab

- Use for industry screening only
- Do not use for export swabs
- Narrow-tipped swab in urethral opening, then rotate in central clitoral sinus and then all around clitoral fossa
- Withdraw and place into transport medium
- Collect 'pea' of smegma from sinus if available



#### Mares - endometrial swabs

- A swab or swabs should be taken by a veterinary surgeon from the mare's endometrium during oestrus
- Submit swabs for aerobic (low-risk mares\*) and microaerophilic cultures or CEMO qPCR (high-risk mares and mares with signs of inflammation or discharge or 'short cycling' mares\*)
- Mares must be in oestrus with a relaxed cervix in order to be able to pass extended swabs through into uterus
- \*Many TB stallion managers will require both aerobic and microaerophilic (or qPCR) culture results for all mares, as recommended by Newmarket Stud Farmers' Association

#### Mares - endometrial smears

- Mare must be in oestrus with a relaxed cervix
- Smears are a 'red flag' screening test for acute endometritis
  - Endometrial smear cytology
    - Endometrial epithelial cells smear quality control
    - Polymorphonuclear leucocytes (PMNs) signs of inflammation (should be none or only the occasional PMN seen in smear)
    - Results may be reported as: 0 (none), +/- (occasional <0.5% of cells seen),</li>
       I + (few 0.5-5% cells seen), 2+ (moderate 5-30% of cells seen), 3+ (many >30% cell seen)
- Only way to accurately interpret the significance of bacteriological results in terms of association with acute endometritis

#### Endometrial swab types and equipment

- Normal-tipped and extended
  - Endometrial swabs
  - Endometrial smears
- Sterile single use speculum and pen light torch
- Transport medium
  - Bacteriological cultures and qPCR tests
- No transport medium
  - Cytological smears



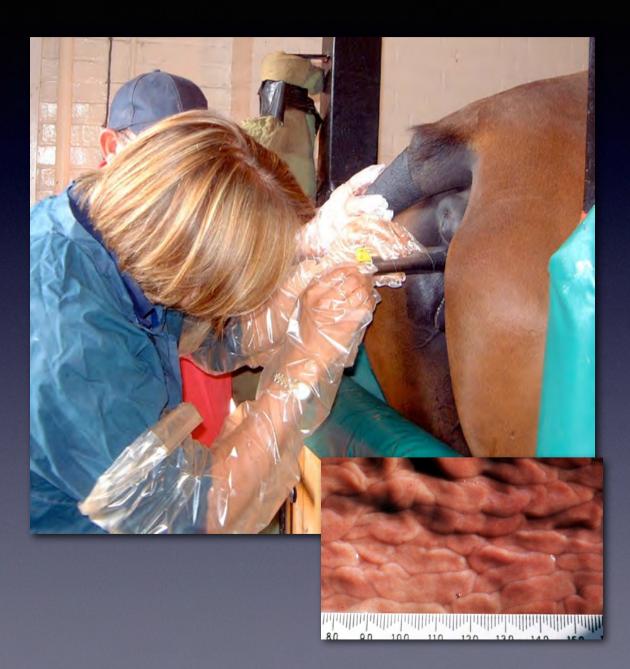
# **Endometrial Swabs**

- Wash vulva/perineum
   with plain water only
- Sterile vaginal speculum
- Extended large-tipped swab through relaxed cervix into uterus



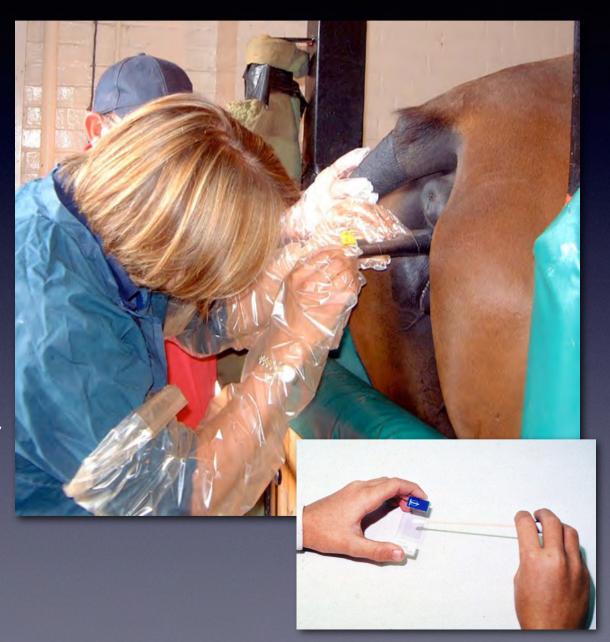
# **Endometrial Swabs**

- Rotate against the endometrium for a few seconds
- Withdraw and place into transport medium (swab)
- Take both swab and smear samples one after the other



# Endometrial Smears

- Rotate against endometrium for a few seconds
- Withdraw and place into empty container (no transport medium)
- Make smear (gelatinecoated slides), fix and refer or use pre-stained slides (Testsimplets, Waldeck) for on-site examination



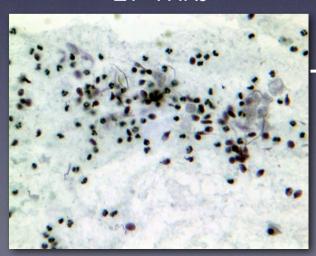
Normal endometrial epithelial cells only

# Concurrent swabs and smears

Normal endometrium bacterial isolates are contaminants/commensals mare is fit for mating



≥ I+ PMNs



Acute endometritis
bacterial isolates are opportunist pathogens
mare is not fit for mating

Treat mare and wait until next oestrus then re-swab/smear to confirm 'clean' before mating

# For further advice

- Rossdales Laboratories
   High Street, Newmarket, Suffolk CB8 8JS, UK.
- Telephone: +44(0)1638 663017
- Fax: +44(0)1638 560780
- Email: laboratory@rossdales.com
- Website: <u>www.rossdales.com/laboratories</u>

#### For further information

- HBLB Codes of Practice
  - www.hblb.org.uk
  - http://codes.hblb.org.uk/
  - smartphone 'app' EquiBioSafe

